

Assumption of Risk, Release, and Waiver of Liability



Each participant in Yoga with Sacks Group LLC assumes fully, all-ordinary risks, when he/she participates in a class and agrees not to hold Sacks Group liable for injury or damage, which may occur to him/her as a result of participation in Yoga classes and programs.

Each participant in Yoga with Sacks Group LLC takes full responsibility for personal property and agrees not to hold Sacks Group responsible for any loss that may occur during any class.

By signing this Release and Waiver of Liability, participants are fully aware that their participation in Yoga is at their own risk and agree that Sacks Group LLC shall not be held liable for any injury, loss, or property damage resulting from active or passive negligence.

As with any physical activity, participants are responsible to consult with a physician before beginning any Yoga mindfulness program presented by Sacks Group LLC.

Participants must disclose health related importance to Sacks Group to ensure a safe practice.

BY MY SIGNATURE, I INDICATE THAT I HAVE READ AND FULLY UNDERSTAND THIS RELEASE AND WAIVER OF LIABILITY AND AGREE TO ITS TERMS OF MY OWN FREE WILL.

~~~~~  
Name (printed) \_\_\_\_\_ Signature \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Phone # \_\_\_\_\_

Email (to receive updates) \_\_\_\_\_

Health Concerns/ Injuries \_\_\_\_\_  
\_\_\_\_\_

Date \_\_\_\_\_